



Beaconside Primary & Nursery School

Thursday 29th January 2026

Dear Year 1 Parents

As part of the National Curriculum requirements for PSHE, basic knowledge is now required on how to deal with a first aid emergency for primary age pupils. At Beaconside, we have planned to address this in two stages.

Mini First Aid Early Years classes are for children aged 3-6 and work with the Early Years & Key Stage 1 Curriculum. Children learn about what happens to their bodies if they are hurt and how they would be treated by a grown up.

Children meet Freddie who not only knows how to ring 999 but also knows his address when mummy is poorly.

After each class children will receive a certificate for attending.

This Key Stage 1 session is developed further in Key Stage 2, when pupils participate in an age appropriate practical first aid course.

A short video explaining the Early Years First Aid session, in more detail, can be found at the following link. <https://www.minifirstaid.co.uk/classes/classes-for-children>

This complements the children's learning in our PSHE 'My Happy Body' lessons which the children will be covering this half term.

Pupils in Year 1 will take part in the sessions on **Monday 9th February** They will take place in small groups supported by a member of school staff.

If you require any further information, please get in touch.

Yours Sincerely

Mrs Jones

PSHE Subject Lead

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