



Beaconside Primary & Nursery School

Thursday 29th January 2026

Dear Year 5 Parents/Carers

As part of our PSHE (Personal, Social, Health Education) curriculum we will be providing pupils with the opportunity to complete a first aid course suitable for children. **This will take place on Monday 9th February.**

The Mini First Aid for Kids is an hour-long session, (in small groups) that will enable the children to deal with bumps, burns, breaks and bleeding, carry out CPR and deal with choking. The session is practical, lots of fun and involves lots of activities for the children to enjoy. Each pupil will receive a certificate and a workbook/booklet to bring home.

This complements the children's learning in our PSHE My Happy Mind lessons which will be covering the topic 'My Happy Body' for this term.

I'm sure you will agree that this is an invaluable skill to have.

We ask that pupils **wear their school PE Kit on this day** as it will be more comfortable and practical.

If you require anymore information, please do not hesitate to get in touch.

Yours Sincerely

Mrs Jones
PSHE Subject Leader

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