



Year 1 Overview 2025/2026

	1	2	3	4	5	6	7	8	9	10
Term 1	Plants	Trees	Animals including humans		Human body	Materials	Light	Sound	Electricity	Electricity
Term 2	Plants	Trees	Animals including humans		Human body	Materials	Light	Sound Quiz	Electricity	Quiz
Term 3	Living things	Living things – Habitats				Materials	Light and shadows	Sound Quiz	Electricity	Quiz
Continuous Provision										
<p>By growing seeds, bulbs and vegetables throughout the year:</p> <p>Observe and describe how seeds and bulbs grow into mature plants.</p> <p>Find out and describe how plants need water, light and a suitable temperature to grow and stay healthy.</p>			<p>In PE lessons:</p> <p>Describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene.</p>			<p>Through experiment tables set up at various points through the year.</p> <p>Notice how things move, using simple comparisons such as faster and slower.</p> <p>Compare how different things move.</p>			<p>Through a 'daily dashboard', looking at weather and the signs of the season.</p> <p>Observe changes across the four seasons.</p> <p>Observe and describe weather associated with the seasons and how day length varies.</p> <p>Observe the apparent movement of the Sun throughout the day.</p>	