






<p>General Advice – including Debt Management</p>	<p>https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/search-for-your-local-citizens-advice/local-citizens-advice-details/?serialnumber=100333</p>
<p>Food Support</p>	<p>http://b30.foodbank.org.uk 07582143972 Three days' nutritionally balanced emergency food and support to local people who are referred in crisis.</p> <p>https://newstarts.org.uk 01527 882410 & 0121 679 2072 NewStarts is a Christian community re-use social enterprise, based in Bromsgrove and Frankley, who help people overcome the challenges and disadvantages that shape their lives by providing free furniture, emergency food and household supplies to families and individuals who are in greatest need either on low incomes or in financial crisis.</p> <p>https://www.worcestershire.gov.uk/info/20818/worcestershire_school_holiday_food_and_activities Information about food, activities and support available to families and children from nursery and primary aged, through to older children and teenagers during the school holidays.</p>
<p>Housing Support</p>	<p>https://www.bromsgrove.gov.uk/contacts/housing-services.aspx https://www.bdht.co.uk https://www.birmingham.gov.uk/housing https://the-waitingroom.org</p>
<p>Worcestershire Family Learning</p>	<p>https://www.worcestershire.gov.uk/info/20437/adult_and_family_learning_courses www.Worcestershire.gov.uk/courses Follow @AdultLearningWR @adultlearningworcestershire 01905-728537 Family Learning courses are for parents and carers so they can support their child and family at home and enhance their own outcomes by improving their health and wellbeing, improving their social interactions by making friends and engaging in a group, supporting them to find volunteer opportunities or empowering them to progress to further accredited courses or into employment. Family Learning works closely with schools and communities to deliver courses that meet the needs of parents and carers. Our courses are free for anyone earning less than £17,000 per year or anyone unemployed and on benefits.</p>
<p>NHS – Worcestershire Health and Care Trust</p>	<p>https://www.hacw.nhs.uk/ NHS deliver a wide range of services for children, young people and families.</p>
<p>Mental Health and Well-being</p>	<p>https://www.hacw.nhs.uk/reach4wellbeing The Reach4Wellbeing team aims to promote positive wellbeing, reach children and young people in their communities and reduce the stigma of mental health. They currently provide short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.</p>



	<p>https://www.hacw.nhs.uk/cast CAMHS CAST (Consultation, Advice, Supervision and Training) team works directly with professionals who are working with young people experiencing or at risk of experiencing mental health difficulties. The service offers consultation, advice, supervision and training which can be specifically tailored to support the professional seeking the service.</p> <p>https://www.healthyminds.whct.nhs.uk/home Supporting people aged 16 and over, who are experiencing difficulties such as stress, anxiety, low mood and depression. To access the service you must be aged 16 or over and registered with a GP in Worcestershire.</p> <p>https://youngminds.org.uk Mental health support for young people.</p>
<p>Starting Well Worcestershire</p>	<p>https://www.startingwellworcs.nhs.uk/home Starting Well in Worcestershire service brings together teams of staff who provide help and support to children, young people and families. The service will provide support to expectant mums, to newborn babies, to school aged children and teenagers and will work to encourage development and progress. We place children, young people and families first, delivering safe high-quality services that empower and enable children, young people and families to achieve their full potential.</p>
<p>Family Front Door - The Front Door to Children's Services</p> 	<p>If you think a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999. Do not wait to discuss this with the school safeguarding lead but do report it afterwards.</p>
<p>Early Intervention Family Support</p> 	<p>https://www.worcestershire.gov.uk/requestfamilysupport EIFS works with Primary, Middle and Special Schools (including their nurseries) to provide support and guidance for children and their families when the needs are first identified at an early stage. The needs can be identified by parents, schools or other professionals which could include worries about bullying, health concerns, behaviour issues, routines and boundary advice and much more.</p>
<p>Children with Disabilities Team (CWD)</p> 	<p>https://www.worcestershire.gov.uk/info/20502/disabilities/1653/social_care_support_for_children_with_disabilities The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies. The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life. An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include:</p> <ul style="list-style-type: none"> • severe learning disabilities • severe physical disabilities • severe developmental delay in motor and or cognitive functioning • profound multiple disabilities



	<ul style="list-style-type: none"> • severe sensory impairment (registered blind and/or profoundly deaf) • complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability • a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning.
<p>Children’s Centre.</p>	<p>https://www.worcestershire.gov.uk/childrenscentres Children’s Centres in Worcestershire are run by lots of different providers. Many of them provide childcare, antenatal and postnatal services and in some cases extra services, such as speech and language and family support, to meet the needs of families in their local area.</p> <p>There is at least one Children's Centre in each district that is run by Parenting and Family Support providers who Worcestershire County Council commission (fund) to deliver groups and support to parents and families. Activities such as stay and play groups, baby massage and breastfeeding support groups continue to be delivered across Worcestershire and are often run by trained volunteers or independent groups.</p>
<p>Bereavement Support</p>	<p>Footsteps Support for bereaved children and their families in Worcestershire.</p> <p>https://touchstones-support.org.uk Touchstones is a small, local charity with one very simple aim – to be there for any bereaved child and young person in North East Worcestershire.</p>
<p>SEN Services and Support Groups</p>	<p>autismlinks Links to events, services and information of use to families of people with Autism.</p> <p>Autism Spectrum Condition and Learning Disabilities Group A group for family members and carers.</p> <p>Autism West Midlands A range of support services to families and carers of autistic children including an information helpline, family outreach workers and support groups.</p> <p>ASPIE ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome.</p> <p>The Community Paediatric Service Redditch and Bromsgrove Community Paediatric Service is concerned with developmental delay and learning disability; Motor difficulties such as cerebral palsy and muscular dystrophy; Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties; sensory impairment; statutory medical & educational assessments.</p> <p>Council for Disabled Children The umbrella body for the disabled children's sector bringing together professionals, practitioners and policy-makers.</p>



	<p>Disability Information Advice Line (DIAL) Worcestershire Local info on: mobility, benefits and finance, carers support and respite, community and voluntary support, disabled children's services, education and employment, health, housing, independent living, learning disabilities, legal support, leisure and holidays, mental health, mobility and aids to daily living and older people's services.</p> <p>Worcestershire Dyslexic Support Group Dyslexia Parent Support Group.</p> <p>Learning Disabilities We work with people with learning disabilities, their families and the people who support them.</p>
<p>Domestic Violence</p>	<p>http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abuse Website to signpost victims of domestic violence to sources of help</p> <p>https://www.womensaid.org.uk/helpline@westmerciawomensaid.org West Mercia Women's Aid: 0800 980 3331 0800 783 1359 Women's Aid is a grassroots federation working together to provide life-saving services in England and build a future where domestic abuse is not tolerated.</p> <p>Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window) A guidance document.</p> <p>www.mensadvice.org.uk Men's Advice Line 0808 801 0327 Confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members). They help by giving you time to tell your story; offering emotional support; providing practical advice; signposting you to other services for specialised support.</p> <p>https://www.whiteribbon.org.uk/ White Ribbon UK is a leading charity engaging with men and boys to end violence against women.</p>
<p>On-line Safety</p>	<p>https://www.nspcc.org.uk/keeping-children-safe/online-safety/ https://nationalonlinesafety.com http://www.safetynetkids.org.uk/personal-safety/staying-safe-online/ https://www.thinkuknow.co.uk https://www.saferinternet.org.uk</p>
<p>Gender Identity Issues</p>	<p>www.gendertrust.org.uk The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be transgender, transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure.</p>



	<p>https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-gender-identity-issues/ Help to support your child if they are struggling with gender identity.</p> <p>https://mermaidsuk.org.uk/parents/ Gender identity support for parents.</p>
Private Fostering	<p>https://www.nfa.co.uk National Fostering Agency (NFA) Call on: 0808 284 9226</p> <p>http://www.worcestershire.gov.uk/privatefostering Information on kinship care where that relatives or friends look after children who cannot live with their parents.</p>
Preventing Radicalisation and Extremism	<p>www.educateagainsthate.com A government website providing information and practical advice for parents, teachers and schools leaders on protecting children from radicalisation and extremism.</p> <p>Anti-Terrorist Hotline: tel 0800 789 321 Or email: counter.extremism@education.gsi.gov.uk.</p> <p>www.ltai.info www.preventtragedies.co.uk Excellent websites for parents.</p>
Sexting/Sextortion/Youth Produced Imagery	<p>http://www.nspcc.org.uk/preventing-abuse/keepingchildren-safe/sexting NSPCC website.</p> <p>https://www.westmercia.police.uk/article/8206/Sexting West Mercia Police website</p>
Children with Family Members in Prison	<p>www.nicco.org.uk NICCO provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children.</p>
Stalking	<p>www.stalkinghelpline.org Email: advice@stalkinghelpline.org Phone: 0808 802 0300 National Stalking Helpline - for advice and support. The helpline will operate a triage service for local support and make referrals.</p> <p>www.paladinservice.co.uk/ Email: info@paladinservice.co.uk Phone line: 020 3866 4107</p> <p>Paladin: National Stalking Advocacy Service - for advice and referral.</p> <p>https://holliegazzard.org/ Hollie Gizzard Trust – a charity that helps reduce domestic violence through creating and delivering programmes on domestic abuse and promoting healthy relationships to schools and colleges.</p>