Dear Parents and Carers,

In response to increased Government scrutiny regarding children's screen time, Times Tables Rock Stars (TTRS) have recently introduced new settings for their software. Please see below for how this affects our school settings.

TTRS is an online maths platform that helps students build confidence and improve their times tables. Your child has their own login details, provided by the school, to access the platform.

From today, the following changes have been implemented to our school's TTRS account:

- **Daily play limit:** Outside school hours, (8.30am – 3.30pm) a daily limit will stop gameplay after 60 minutes.
- **Curfew:** Students will not be able to log in from 8pm to 7am.

These settings provide some helpful boundaries around TTRS use outside school. They may not affect your child's usual use of the platform at all, but it's useful to have them in place.

You can see how much your child has played each day in their Stats area, and how much of the daily limit they've used in the Wellbeing section of the child's menu.

Why short, regular practice works

Short, regular practice helps facts stick. The more often your child recalls a fact, the easier it becomes to remember. Spacing practice out gives the brain repeated opportunities to strengthen memories, helping facts become more secure.

It is recommend to practise for three minutes, four or five times a week. This is a guide rather than a strict rule, so if your child plays for a little longer now and then, that's fine. The important thing is to find a routine that works for them.

We have restricted access to 60 minutes per day, outside of school hours. There is no official UK government daily hour limit for primary school pupils (ages 5–11), though up to 2 hours of recreational screen time a day is a widely cited benchmark. The 60-minute limit is therefore set because it provides a balanced approach that enables access to technology for learning, communication and recreation while helping to promote healthy routines, reduce the risk of excessive screen use, and encourage engagement in a wider range of age-appropriate activities, including physical exercise, social interaction and play.

For more information, visit the TTRS Parent Page (ttrockstars.com/parents/) to download the full parent guide, or see the additional attachment.